

October 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	Steakfingers Mashed Potato WW Roll Fruit Choices Garden Bar	Taco Soup WG Tortilla Chip Corn Bread Muffin Fruit Choices Garden Bar	Chicken Tertrazini Bread Sticks Cooked Carrots Fruit Choices Garden Bar	Bierocks Tater Tots Green Beans Fruit Choices Garden Bar	Deli Turkey on Sub Bun Sun Chips Cottage Cheese Fruit Choices Garden Bar	7
	NO SCHOOL INSERVICE	Heef Nachos Spanish Rice Corn Fruit Choices Garden Bar	H 1 BBQ Pork Pattie Tri-Tater Baked Beans Fruit Choices Garden Bar	Lasagna Sliced Bread Fruit Choices Garden Bar	13 Chicken & Noodles Mashed Potato Cooked Carrots Fruit Choices Garden Bar	14
15	16 Chicken Strips Mashed Potato Dinner Roll Fruit Choices Garden Bar	17 Hamburger on Bun Baked Fries Fruit Choices Garden Bar	Chili WG Tortilla Chips Fruit Choices Garden Bar Cinnamon Roll	Baked Ham 19 Cheesy Potato Cooked Carrots WW Biscuit Fruit Choices Garden Bar	20 NO SCHOOL WORK DAY	21
22	23 BBQ Beef on Bun Sun Chips Baked Beans Fruit Choices Garden Bar	24 Corn Dogs Tri-Tater Fruit Choices Garden Bar Cookie	25 Pizza Boats Fruit Choices Garden Bar	26 Parent/Teacher Conferences	NO SCHOOL COMP DAY	28
29	30 Pigs in a Blanket Curly Fries Baked Beans Fruit Choices Garden Bar	COOK'S CHOICE		All menus su	erved with milk. bject to change. opportunity provider.	